



# CARF

# News Bulletin

(Official Publication of the Cancer Aid & Research Foundation)

Member :

UICC (International Union against Cancer), Geneva, Switzerland

Associate Member :

INCTR (International Network for Cancer Treatment and Research), Brussels - Belgium

Internet Journal of Head & Neck Surgery [www.ispub.com] - official scientific journal of CARF

Journal of Clinical & Diagnostic Research( www.jcdr.net) - official research journal of CARF

## New Therapy for Cancer Patients



There is good news for cancer patients suffering from multiple tumours. The Tata Memorial Hospital (TMH) in Parel has acquired tomotherapy machine worth Rs 15 crore which change the way oncologists in India treat cancer patients with multiple tumours.

Dr S K Shrivastav, head of the department of radiation oncology, TMH said, "It directs radiation to destroy only malignant cells and does not affect non-malignant tissue." Tomotherapy is an upgraded version of radiation therapy.

Senior doctors from TMH said that they would charge economically for the treatment. "The cost for tomotherapy treatment will be around Rs 80,000 but the same treatment costs Rs 5 lakh in Singapore, which is the nearest treatment centre for Indians."

Explaining the functioning of the machine Dr Shrivastav said, "We take a computed tomography (CT) scan report of patients and feed it to the computer attached to the tomotherapy machine." After adjusting the radiation according to tumour size,

the patients are guided inside the machine and CT scans are taken again. These are then matched with earlier images. Once satisfied with the results. "We then start the radiation process. It targets only malignant tumours and leaves normal tissue untouched," Dr Shrivastav said.

A thin beam rotates around the patient's body from many directions, while the stretcher moves into the machine. This effectively results in thousands of little beams of different intensities entering the body, converging on the tumours. A very powerful multiple-processor computer calculates the treatment plans and co-ordinates treatment delivery.

"Due to this new method, we not only provide the radiation to the patient but we protect normal tissue. If normal tissue is affected by radiation it can create multiple problems like ulcers and diarrhoea," said Dr Shrivastav. Around 70 per cent cancer patients have to undergone radiation therapy.

Tomotherapy will be useful in treating multiple tumours in one region of the body or several regions. The machine can provide the different dosages in the affected areas as per requirement. It can treat both, big and small tumours.

Generally, Tele cobalt and liner accelerator machines are used in radiation therapy. Dr Shrivastav said that these machines are also safe. "But compared to earlier methods of radiation, tomotherapy treatment gives 90-95 per cent better result," he claimed.

Citing an example, he said, "If we are treating a throat tumour we can avoid radiation to the salivary glands. Similarly, we can treat the spinal bone and avoid radiation to the spinal cord."

Mumbai Mirror, May 22, 2010

## Cancer patients get 100% grant on train travel to hospital

Mumbai: The Indian Railways has decided to grant a 100% concession to cancer patients in the basic fare of three-tier AC and sleeper class berths on long-distance trains. Cancer patients and their escorts are eligible for a concession to travel to and from recognised hospitals for treatment and periodic check-ups. The element of concession was 75% in all classes except second and first AC, where it is 50%.

As announced in the Railway Budget, the concession for sleeper class and three-tier AC has further been increased to 100%. The concession for escorts remains the same. The new grant is effective from April 20.

The concession will be on the basic fare, which makes up a major chunk of the ticket price, while all other charges are



realised in full. The patient would only have to shell out the reservation and superfast charges (if applicable). The reservation charges are Rs 20 for a sleeper class ticket and Rs 25 for third AC while superfast charges are Rs 20 and Rs 30 for sleeper class and third AC respectively.

A certificate from an approved cancer research and treatment institute will have to be produced to avail of the grant. The concession will be applicable for tickets

purchased on or after April 20 and for the tickets already issued for travel on or after the date, there would be no refund of the difference in fare, said an official. "More people would shift from sleeper to third AC as the cost of the ticket would be nominal."

Times of India, May 11, 2010

## Thoughts of...



**Dr. Raghav C. Dwivedi,**  
MBBS, MRCS (Eng.), DOHNS (Eng.), MRCPS  
(Glasg.), MS (Oto-HNS), FICS (UK).

Clinical Fellow in Head and Neck Surgery, Head and Neck Unit Royal Marsden Hospital, UK.

### An overview of head and neck cancer

Head and neck cancer (HNC) is a broad term which includes different kind of tumors arising from upper food and respiratory passage which includes mouth, back of mouth (pharynx), throat, voice box, nose, sinuses. It also includes tumors arising from salivary glands, thyroid and parathyroid, boney tumors and the tumors arising from skin and soft tissue of this region.

Head and neck cancer is the 5th commonest cancer; each year over 784,880 new cases and over 387,100 cancer deaths are reported to occur from the HNC worldwide. Two third of these cases come from the less developed or developing countries; India, Sri Lanka, Bangladesh and Pakistan contributing the majority.

Most HNCs result from a combination of genetic predisposition and environmental factors, such as exposure to carcinogens, often due to lifestyle behaviors (smoking, tobacco chewing, alcohol, oral sex). Lifestyle behaviors have a very significant role to play as eight out of ten HNC cases can potentially be avoided. Tobacco and alcohol consumption alone are implicated in 75% of all HNC and the effect is synergistic rather than simply additive.

Tobacco is the single most important cause of HNC as well as cancers in general. The use of bidi, tobacco quid, khaini, paan, paan masala, gutka and supari is widely prevalent in India and South-east Asia and is responsible for higher rates of HNC in the region.

Alcohol is the 2nd most important risk factor for the development of HNC as well as other cancers. Individual use of these substances is associated with 2-6 times increase in risk of developing HNC, however this risk increases to 20- 120 times if more than one of these substances are used together.

Oral/ oro-genital sex practices may also lead to the development of HNC. Other risk factors for HNC are low fruits and vegetable diet, genetic factors, radiation, occupational exposure to carcinogens, poor dental hygiene, syphilis and marijuana smoking.

Despite the best treatment, over half of these patients will ultimately succumb to the disease within 5 years and the survival rates are even worse for the recurrent HNC.

A sensible approach towards controlling the incidence rates of the head and neck cancer would be to control the modifiable factors rather than to try influencing the factors which are difficult to modify (tumor factors). It will definitely call for action in changing our lifestyle behaviors at the earliest. There are just two possibilities, first is to continue the reckless behavior and meet the fate (that is to contract the HNC) or to wake-up and start doing efforts in the right direction, it's never late. The final call is ours if we are ready for it or not, bearing in mind that eight out of ten cases are preventable.

### Now, single-dose radiation to treat breast cancer?

New Delhi: Radiotherapy for breast cancer patients could soon be a single dose 30-minute affair, instead of the tedious present-day regimen that lasts over six weeks. In a major breakthrough, a team of British doctors headed by University College London's Dr Jayant S Vaidya—an Indian from Goa—has created and tested a new technique that blasts the remnants of a tumour inside the breast in just one shot lasting half-an-hour. The team used radiation on areas just around the tumour rather than on the whole breast, as is done currently.

A 10-year trial of this Targeted Intraoperative Radiotherapy, conducted in nine countries involving over 2,200 women, confirmed that radiation that targeted a specific area of the breast was as effective as whole-breast radiation in reducing breast cancer recurrence in women. The results of the trial were published in *The Lancet*. So, while a patient is still under anaesthesia following the removal of the tumour, a series of gentle X-rays are administered to destroy any remaining tumour cells at the cancer site. The technique is highly convenient and costs less. Dr Vaidya told TOI from the UK that several hospitals in India like Breach Candy in Mumbai had expressed interest in his work.

Times of India, June 10, 2010

### Regular multivitamins trigger breast cancer

Women who regularly take multivitamin pills may face a higher risk of breast cancer, a new study has claimed. The Swedish study, which looked at more than 35,000 women aged between 49 and 83 over a period of 10 years, found that those who regularly took vitamin supplements were 19% more likely to develop a tumour. According to researchers at Karolinska Institute in Stockholm, supplements may trigger tumour growth by increasing the density of breast tissue, a known risk factor for cancer. However, they stressed the findings did not prove vitamin pills were to blame for an increase in cancer cases, women may be using vitamins to compensate for an unhealthy lifestyle that puts them at increased risk.

Times of India, April 08, 2010

### Stomach cancer up in young adults:

Scientists are puzzling over a surprising increase in stomach cancer in young white adults, while rates in all other American adults have declined. Chances for developing stomach cancer are still very low in young adults but the incidence among 25 to 39 year old whites nonetheless climbed by almost 70% in the past three decades, a study found. National Cancer Institute researchers and colleagues examined new cases from 1977 to 2006 of cancer in the lower stomach, which can be caused by chronic infection with a common bacteria called *H pylori*. It also causes stomach ulcers.

Times of India, May 07, 2010

### More hospitals offer cancer care

Mumbai: Many multi-disciplinary hospitals are now getting into cancer care, taking it out of the ambit of only specialty centers.

A Thane hospital on Wednesday announced the addition of 21 beds—only for cancer patients—at its establishment, making it convenient for patients who have to undergo regular sessions of radiation and chemotherapy.

Jupiter Hospital in Thane has inaugurated its 21-bed economy wing for poor cancer patients, besides starting a helpline for patients afflicted by the disease.

"All a patient has to do is declare that he/she is poor and cannot afford the cancer treatment. We have decided to fund the treatment of 3,000 patients in a year without asking for any other proof," said Jupiter Hospital chairman and CEO Dr Ajay Thakker.

Doctors agree that even though Tata Memorial Hospital is still the best in cancer care, other hospitals too are now offering oncology treatments. Take Hiranandani Hospital in Powai for instance, which is going to start a complete cancer wing by the end of September.

"We are to start a separate wing for cancer treatment, which will include radiation therapy and bone marrow transplant," said Dr Sujit Chatterjee, CEO of LH Hiranandani Hospital.

Sanjivani Hospital at Dahisar (E) too has facilities to treat cancer patients. "Though we don't have radiation therapy facility, we treat around 30-40 patients in a month. We have a separate economy wing for poor patients," said Dr Sunil Agarwal, founder of Sanjivani Hospital.

Times of India, June 10, 2010

### Magnet used to grow leg of 9-year-old cancer patient

WASHINGTON: A new procedure has for the first time magnetically lengthened a nine-year-old cancer patient's leg. The feat could rule out the possibility of up to 10 future surgeries for Morgan LaRue, as her body grows.

On March 29, 2010, Morgan lost a portion of the bone in her upper leg to bone cancer and was facing the potential of numerous surgeries in order to keep her left leg even with her right, as she grows into adulthood.

In her initial surgery two weeks ago, Rex Marco, an oncologic orthopaedic surgeon, implanted a prosthetic device that saved Morgan from a lower limb amputation and allowed her cancerous bone to be replaced with a metal implant. The device, a Stanmore Implants Extendable Distal Femoral Replacement, can be extended as Morgan grows, saving her from ongoing invasive procedures. The height is increased by placing the leg into a magnetised donut, where the doctors can extend the implant without any surgery. The magnet extender is a reversible extender that is the first and only device of its kind.

"Morgan has already been through a lot of treatment for her cancer and this will prevent her from future uncomfortable surgeries," said Wang, Morgan's oncologist.

Mumbai Mirror, April 17, 2010

### New eye for Rs 100

Those suffering the ugly aftermath of retinal cancer have a reason to rejoice. While they won't get their vision back, an implant of a fake eye, which costs around Rs 25,000, will now be done for just Rs 100. This courtesy Tata Memorial Hospital in Parel, where doctors have developed a unique implant wherein a fake eye can be fixed in the eye socket after removing the iris.

The implanted eye looks identical to a real one, thus removing the scars of the retinal cancer, medically known as Retinoblastoma. In most cases, children are affected by this cancer. Because it spreads from the eye to the brain through optic nerve, removal of the affected eye socket is a must. Post eye socket removal, an ugly scar remains in the area in place of an eye. An eye implant restores normal look of the patient.

Said Dr Sajid Qureshi, associate professor of paediatric oncology, Tata Memorial Hospital, "We get more than 50 retinal cancer patients every year, mostly children. We cringe at the prospect of removing eye sockets of these children as it gives them a distorted look but we have no choice. Wow we have found a reasonable solution in every aspect."

Doctors at the hospital have already implanted 43 patients fake eyes under this novel technology. Said Dr Qureshi, "We are proud to say all 43 cases were a success. We are now offering the implants to patients across age group. Normally, fake eye implants are expensive and not all can afford them. This technology has made it possible for everyone to get a normal look post retinal cancer."

No wonder parents of the affected children are overwhelmed with gratitude. Said a person whose three-year-old daughter underwent an implant, "Though my child's vision has not been restored, at least, her look has been. She can move her fake eye, she can even blink, which gives her a natural look."

Mumbai Mirror, June 04, 2010

### New vaccine may cure skin cancer, even in late stages



A new vaccine may soon spell the end for the agony of skin cancer victims, say researchers. The new vaccine called "OncoVEX" attacks tumour cells, leaving healthy cells undamaged, and carries agents that boost the body's response to melanoma. It will help to recover completely from melanoma, even in its advanced stages. "Our study shows we may have a cure for some advanced melanoma patients and a drug which has real benefits for others. This will save thousands of lives a year," Howard Kaufman of Chicago's Rush University said.

Times of India, April 12, 2010

## FOOD THAT HELP TO CURE CANCER

### Processed meat boosts cancer risk:



Women who eat a lot of processed meats, such as salami and hot dogs, are at a higher risk of ovarian cancer, according to a new Australian study. At the same time, those who eat a lot of fish have a lower risk of the deadly tumours, Penny Web of Gynecological Cancers Group at Queensland Institute of Medical Research in Brisbane, Australia, and colleagues found.

The team also found no link between red meat and the cancer.

Times of India, May 02, 2010

### Tomato Talk (BENEFITS GALORE)



A tomato is popularly known for its cancer-fighting properties. The bright redness of the tomato is attributed to its lycopene content. In fact, lycopene is essential for the body and it is not produced by it. Tomatoes are the most abundant sources of lycopene, which is why it can cure a large list of diseases. This

pigment contains the crucial antioxidants required to fight cancerous toxins in the body, as well as boost the immunity by "cleaning" out our blood. Antioxidants are our body's little soldiers that do this. By doing so, it also adds luster to our hair and eyes, and boosts the glow on our skin. This is a reason why people in the Mediterranean regions have lesser rates of all kinds of cancer, especially in Italy.

DNA, April 17, 2010

### BREASTFEEDING can save 900 lives a year in US alone



The lives of nearly 900 babies would be saved each year, along with billions of dollars, if 90% of US women breastfed their babies for the first six months of life, a cost analysis says. Those startling results, published online Monday in the journal *Pediatrics*, are only an estimate. But several experts who reviewed the analysis said the methods and conclusions seem sound. The findings suggest that there are hundreds of deaths and many more costly illnesses each year from health problems that breast-feeding may help prevent. These include stomach viruses, ear infections, asthma, juvenile diabetes, Sudden Infant Death Syndrome and even childhood leukemia. Among the benefits: Breast milk contains antibodies that help babies fight infections; it also can affect insulin levels in the blood, which may make breast-fed babies less likely to develop diabetes and obesity.

Times of India, April 06, 2010

### The Tip Benefits of kiwi

Kiwis are a great source of vitamin C and have far more than that contained in oranges. They are useful for promoting respiratory tract health. Those suffering from wheezing, shortness of breath, and coughing will benefit from the fruit.

Kiwis also contain fibre and can help in decreasing the possibility of colon cancer. The fibre keeps cholesterol levels in check and better the health of those suffering from heart-related diseases.

The fruit is rich in vitamins A, C and E. They are known to help protect people from macular degeneration that happens

as one ages. Consuming three servings of the fruit can significantly reduce your chances of contracting the disease. Kiwi helps in absorption of iron in the body, reducing chances of anaemia. The folate is ideal for cell development in pregnant women.

The fruit is rich in antioxidants which help protect cells from damage by free radicals. There by reducing chances of asthma, rheumatoid arthritis, osteoarthritis, and cancer.

Bombay Times, March 14, 2010



### FREE CANCER INFORMATION LEAFLETS & POSTERS

CARF has published Cancer posters and information leaflets for Cancer Patients and public for free distribution. The leaflets deal with Cancer of the Larynx, Salivary Gland Cancer, Head & Neck Cancer, Oral Cancer, Thyroid Cancer, Breast Cancer. They are available in English, Hindi and Urdu. If you wish to avail of these leaflets & posters, please call us at the number given and we will be glad to send them to you.

CONTACT: Ms. TABASSUM : 2300 5000/7000



## MESSAGE FROM THE CHAIRMAN

Prof. A. A. Kazi

Cancer Aid & Research Foundation has just celebrated its 9th Foundation Day on 20th June 2010 at Shri. Shanmukhananda Hall, Sion, Mumbai, India.

During this short period of 9 years the Foundation has made phenomenal progress because of the generosity of donors, well-wishers, workers and also the hard work put in by the staff members.

The Construction work at the Kokan Cancer Hospital with Linear Radiotherapy Unit, MRI Machine etc., will be completed in March 2011. Both Phase-I and Phase-II together are going to cost Rs. 200 crores. It is also likely to attract medical tourists on a large scale.

On this occasion I send my greetings to well-wishers, workers and staff members for their continuous help and support.



Dr. Rehan Kazi, Hon. Secretary General, CARF welcomed the Guests of Honour

### EVENT SPONSORED BY



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# 9<sup>th</sup> FOUNDATION DAY

### GUESTS OF HONOUR



**Mr. Mahesh Bhatt**  
Noted Film Producer,  
Trustee of CARF

**Dr. Rehan Kazi**  
Head & Neck Cancer Surgeon  
Hon. Secretary General, CARF



**CA Uttam Agarwal**  
Fmr. President of  
ICAI,  
Trustee of CARF

**Dr. Raj Tendulkar**  
Senate Member  
Maharashtra State  
Trustee of CARF



**Mrs. Rato Dastur**  
Eminent Social Worker  
& Philanthropist

**Mr. Jayant Tipnis**  
Architect, Jayant Tipnis  
Consultants Pvt. Ltd.  
Trustee of CARF



**Justice Shafi Parkar**  
President of Kokan  
International, Mumbai

**Mr. Amol Patil**  
Chairman,  
Virim Infotech Pvt. Ltd.



## PATIENT HELP



On behalf of CARF an amount totaling Rs. 13,70,000 was handed over by the Guests of Honour to the poor and deserving cancer patients.

## APPRECIATION



Certificates of Appreciation were handed to donors who contributed Rs 1,00,000 and more.



Recognising the efforts for collection of donation (From left to right) Dr. Raj Tendulkar-Trustee CARF, Dr. Rizwana Shaikh-Sr. Manager-Patient Services, Mrs. Tabassum Khan-Sr. Manager-Publications & Publicity



Mr. Amol Patil, Chairman, Virim Infotech Pvt. Ltd. The Foundation is extremely grateful to the Virim Infotech Pvt Ltd for sponsoring the event.

# RELEASE OF SOUVENIR



The audience was in full attendance at the 9th Foundation Day celebration

# 9<sup>th</sup> FOUNDATION DAY

## BEST STAFF AWARD 2009-2010



Mr. Ashraf Ansari  
Manager - Accounts & Finance



Mrs. Firdous Anjum  
Office Assistant - Patient Services



Mr. Yogesh Galkwad  
Peon - Publications & Publicity



Mrs. Sunita Satpute  
Special Award for Enthusiastic Member



Mr. Sarabjit Singh Sahi  
Special Award for Enthusiastic Member

# 9<sup>th</sup> FOUNDATION DAY



Mrs. Aparna Ramdas Padhye



CARF celebrated its 9th Foundation Day with a Grand Musical Extravaganza. Film songs, dance, mimicry enthralled the audience. Shri. Ramdas Padhye, the renowned ventriloquist and puppeteer, Shrimati Aparna Ramdas Padhye and their hilarious talking dolls won the hearts of the children.



Ms. Deepa Gurav



Mrs. & Mr. Ramdas Padhye



Ms. Ananya Bhomik



Master Anand Gyan Praksh Singh,  
Cancer Patient



Mr. Kiran Shembekar



The dedicated staff of Cancer Aid & Research Foundation



## Airport body scanners could cause cancer

LONDON Airport body scanners have a potentially greater risk of cancer than previously thought, a scientist has warned. The devices emit radiation up to 20 times more powerful than it was believed.

David Brenner, head of the centre for radiological research at Columbia University in New York, US, said that the concentration of the radiation on skin could pose a risk of cancer. The risk is due to inability of a body to repair X-ray damage to its cells.

"The population risk has the potential to be significant," the Telegraph quoted Brenner as saying.

However, an American Civil Aviation Authority spokesman insisted that all the health regulations by the Department for Transport and Health Protection Agency have been considered for the device's use.

"Under current regulations, up to 5,000 scans per person per year can be conducted safely,"



Mumbai Mirror, July 01, 2010

London: A simple blood test that can detect a cancer before a tumour has taken shape has been developed by British scientists.

Described as offering a "paradigm shift" in cancer diagnosis, the test — due to be introduced in Britain by early next year — is the first to identify accurately the signals sent out by a person's immune system as a cancer germinates.



According to the research, such signals can be detected up to five years before a tumour is spotted, priming doctors to intervene at the earliest moment when a solid cancer appears, the Times reported on Tuesday.

Brainchild of scientists at the University of Nottingham though a spinout company called Oncimmune, the technology works by identifying how the immune system responds to the first molecular signs of cancer development.

The test works by identifying how the immune system responds to the first molecular signs of cancer growth. Cancerous cells produce small amounts of protein material called antigens which prompts the immune system to produce large amounts of autoantibodies. Scientists can now follow this activity with just 10ml of a patient's blood sample. John Robertson, a breast cancer specialist who led the research, said: "The earliest cancer we have seen is a cancer that has been screen detected, and yet biologically that's late in the road of cancer development."

"We are starting to understand carcinogenesis in a way that we have never seen before — seeing which proteins are going wrong, and how the immune system responds. It's as if your body is shouting 'I've got cancer' way before a tumour can be detected."

Times of India, June 02, 2010

## 'No link between cancer in kids & cellphone towers'

British scientists who conducted the largest study yet into cellphone masts and childhood cancers say that living close to a mast does not increase the risk of a pregnant woman's baby developing cancer.



In a study looking at almost 7,000 children and patterns of early childhood cancers across Britain, the researchers found that those who developed cancer before the age of five were no more likely to have been born close to a mast than their peers.

"These results are reassuring," said Paul Elliot, director of the centre for environment and health at Imperial College London, who worked on the study. "We found no pattern to suggest that the children of mums living near a base station during pregnancy had a greater risk of developing cancer than those who lived elsewhere."

Use of cellphones has increased dramatically in recent years and questions have been raised about possible health effects. The authors cautioned they were unable to get information about individual exposure among mothers-to-be to a cell phone handset. Radiation from a handset during conversation is much higher than that from a phone mast.

And they added the predictable caveat that their focus was only on early childhood cancers, not on cancers that develop in later phases of life.

Times of India, June 24, 2010



The Kerala Catholic Association, Ambernath

# CANCER AWARENESS CAMPS

Awareness of cancer goes a long way in its prevention. CARF does its utmost in creating this awareness



The Kerala Catholic Association, Ambernath



Purandhare High School, Mulund



Purandhare High School, Mulund



Matunga labour Camp



Opera House



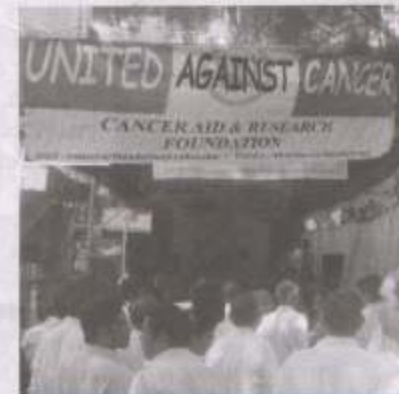
Diamond Market Hall, Malad



Matunga labour Camp



Opera House



Diamond Market Hall, Malad

### Guests at CARF



**Mrs. Suman Tulsiani, Director Tulsiani Trust & Tulsiani Builders and Developers**



**S. RAJAPPA, A.G.M, Bank of Baroda**



**Ramdas Padhye, Ventriloquist and Puppeteer**



**KAVI SHASTRI, Actor**

### Anti Tobacco Day Programme



### *Anti Tobacco Day 31st March 2010*

Cancer Aid & Research Foundation organised an Anti Tobacco Awareness Camp at Infinity Mall, Santacruz and Orchid City Centre, Mumbai Central



**CARF  
BOARD  
MEETING  
WAS HELD  
AT  
HOTEL  
HERITAGE  
ON  
JUNE 26, 2010**



**DR. REHAN A. KAZI**  
*Eminent Head and  
Neck Cancer Surgeon*

### A QUOTE FROM THE SOUVENIR:

"Major disease brings anxiety and worry, but few diseases are associated with such dread as Cancer, with its imagined inevitable sequel of certain death, pain lingering and suffering. Communication with Cancer patient can be difficult because the subject is emotionally charged, information complex, treatment usually toxic and the outcome often uncertain. One of the most difficult and certainly the most rewarding task for the oncologist is to set the disease in its right context, to explain the treatment, to give enough information at the correct rate and time, to sustain hope, and to be accessible, competent, open-minded and, above all, kind."

**ATTENTION  
READERS !**



To enable us to communicate with you effectively, we request you to kindly send us your Email ID / change of address if any, to  
[carf@cancerarfoundation.org](mailto:carf@cancerarfoundation.org)

**PLEASE DONATE GENEROUSLY and help CARF**  
save the lives of poor and needy cancer patients

## CANCER AID & RESEARCH FOUNDATION

- Registered under the Bombay Public Trust Act, 1950.
- Donations exempted under 80G of the Income-Tax Act, 1961
- E-mail: [carf@cancerarfoundation.org](mailto:carf@cancerarfoundation.org) | [cancerarfoundation@yahoo.com](mailto:cancerarfoundation@yahoo.com)
- Website: [www.cancerarfoundation.org](http://www.cancerarfoundation.org)

### Our core activities are as follows:

- Funding and services for cancer treatment including surgery, Radiotherapy and Chemotherapy.
- Cancer Research.
- Cancer Education through CARF News Bulletin, Patients information leaflets and e-news letter.
- Cancer screening and Detection Programme.
- Anti Tobacco and Cancer Advocacy.
- Free ambulance service provided to patients all over Mumbai / Thane
- Counselling for Cancer patients their families and cancer hotline.
- Distribution of Anti Cancer Drugs, Prosthesis & Instruments to poor cancer patients.



The Govt. of India has also permitted us to receive overseas contributions under FC(R) Act, 1976 vide Registration No. 083780936. The same can be credited to 'Cancer Aid & Research Foundation' S.B A/c. No. 026104000088372. IDBI Bank, Prabhadevi Branch, Mumbai- 400 025. INDIA.

Please draw your cheque in the favour of **Cancer Aid & Research Foundation** and send it to its

Adm. Office: **Cancer Aid & Research Foundation** Municipal School Bldg., Grd. Flr., Room Nos.15-18, Near 'S' Bridge, N.M. Joshi Marg, Byculla (W), Mumbai - 400 011. Tel. No :091-22-2300 5000 / 2306 4442 / 6455 6300 (32 Lines) TeleFax: 2300 8000

All views expressed in the CARF News Bulletin belong to the author. The Foundation need not necessarily subscribe to them.

- **Chief Editor** : Dr. Rehan A. Kazi - MS, DNB, DLORCS (Eng), DOHNS (Eng), FICS, FACS, FRCS (Glasgow), PhD (Lon), CSci, UICC fellow. Chartered Scientist
- **Sr. Editor** : Mrs. Shahina Kara • **Gen. Manager** : Mr. Abdul Karim Shaikh • **Sr. Manager (Publicity & Publication)** : Mrs. Tabassum Khan
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