CANCER AID & RESEARCH FOUNDATION

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A Tribute to our Founder

Remembering Our Founder, The Late Prof. A. A. Kazi

Late Prof. A. A. Kazi, Founder of Cancer Aid & Research Foundation, established CARF in 2001, with the simple purpose of providing assistance to poor cancer patients in India irrespective of caste or religion.

Late Prof. Kazi was the pacesetter of the Foundation, leading by example and exemplifying the values of teamwork, initiative, commitment and continuous improvement. He emphasized on quality work, patient oriented, while stressing upon process accuracy, efficiency and effectiveness. Though he was firm in his management, he treated his employees with fairness and benevolence. He strongly believed in reaching out to every poor cancer patient that approached CARF for help.

Prof. Kazi passed away peacefully on 28 August, 2016. He was 83. It was a time of great sadness and bereavement. And while we mourn the loss, we should also celebrate the achievements he had made, the many lives he had touched, and the great man that he had become. The best way to pay tribute to our Founder, is to continue living his dream and work hard together to bring CARF to greater heights.

To lose someone we loved so much
Brings pain beyond belief
There are no words to ease our pain, our sadness & our grief
We have lost someone so close and dear
We think about your special ways and wish you were near
But although you have left this world
You’ll always stay guiding our path.

Passed away on: 28th August, 2016

FOUNDER: CANCER AID & RESEARCH FOUNDATION
FOUNDER: KOKAN MERCANTILE CO-OPERATIVE BANK LTD. MUMBAI
FMR. DEAN OF FACULTY OF ARTS: UNIVERSITY OF MUMBAI.
PROFESSOR AND HEAD OF POLITICAL SCIENCE,
ST. XAVIER’S COLLEGE
Greetings from Cancer Aid & Research Foundation!

I express my heartfelt thanks and gratitude to everyone who supported my late husband and founder of this Foundation Prof. A.A. Kazi. Prof. Kazi is no more, but the work of his hands stands active and alive.

The growth of our Foundation provides opportunities and help to the poor and needy cancer patients. Patients from all walks of life approach us for help and our mission is to reach out to as many as we can and wipe out their tears in a little way that we can help. CARF is not just another NGO, but is a holistic competency building centre with dedicated well wishers and staff who take immense pleasure to reach out and render helping hand to all the poor cancer patients who come to us.

I have handed over the charge to the most efficient and compatible Mr. Shamshi Mulla who is now the Chairman of CARF and I am confident he will take it forward to newer heights. WISHING CARF ALL THE VERY BEST IN THIS HUMANITARIAN ENDEAVOR.

Mrs. Rashida A. Kazi
Chairperson Emeritus
Dear friends,

With the blessings of the Almighty, I am honored to lead the Cancer Aid & Research Foundation (CARF), which started in a modest way and has grown into the biggest NGO in India. It is a great honour for me to be elected the Chairman of CARF. Thank you for your confidence in me and for your support.

In my role as Chairman, my priority will be to continue efforts for sustainable growth of the Foundation and to reach out to the poor & needy cancer patients of our society. While looking forward to shouldering the burden of those who suffer from cancer, I solicit your sincere support and co-operation. Today we are a successful NGO. We have achieved our objectives with a solid ethos of team-work and selfless services. Through hard work and dedication we have earned the privilege to be described as one of the leading NGOs of the country. CARF is a name that is synonymous with trust, ethics and generosity. We call it the listening NGO and this is exactly what it is. It listens to your ideas, your suggestions and your needs. We hope that we will continue to grow and be able to meet the demands of a burgeoning population afflicted with the dreaded disease of cancer.

Since its inception 16 years ago, the Foundation has achieved the enviable record of having helped approx. 10,280 poor cancer patients in 1394 hospitals to the extent of Rs. 17 crores approx. This mammoth task has been accomplished with the co-operation of all our donors, well-wishers and staff of the Foundation.

My sincere thanks to all our well-wishers and donors, I thank you for all your support over the years. Your presence in our lives today is a strong show of encouragement for the work of the CARF in general.

I look forward to your encouragement to run this charity and provide hope to those victims of cancer who have no other avenue of help to turn to.

Mr Shamshi Mulla
Chairman
Dear friends,

First and foremost, let me thank the Trustees & Management of this Foundation for putting their trust in me and appointing me as CEO of CARF. I assure I will continue to give in my best to the organisation.

CARF was started over sixteen years ago with a singular vision: to create a cancer free world. We’ve strived every day to meet this vision, and to build our team with this mantra always in mind. We have built a healthy relationship with the patients which have deep and lasting effects on their lives. Our patients know us, and we make them feel at home when they approach us during their challenging times.

CARF is an organisation that will never lose sight of its heritage and history. From inception, we have created and maintained an environment where close relationships, both between our own team and with our patients, are nurtured. I am extremely proud to be the CEO of this organisation, which, despite its global reach and scale of operation, still retains these core values.

At CARF, our focus is on poor cancer patients. Underpinning everything we do as one family is the significance and emphasis we place on our biggest asset: our staff. Our dedicated, patient-orientated team provides a personal and professional service to our patients, building everlasting relationships along the way.

We extend our gratitude to our awesome Donors who are the backbone of this Foundation, without their help we would have never reached our goal. I look forward to your continued support and encouragement.

Mrs. Savita Nathani
CEO
CARF Board meeting was held on 22nd August, 2016 at Sahil Hotel, Mumbai. Mrs. Rashida A. Kazi – Chairperson announced her resignation, as she is unable to continue due to her ill health. The Board Members appointed Mrs. Kazi as Chairperson Emeritus of CARF.

Mrs. Rashida Kazi expressed her desire to appoint Mr. Shamshi Mulla as the new Chairman of Cancer Aid & Research Foundation. Her decision was seconded by the Board Members and unanimously elected Mr. Shamshi Mulla, Chairman of CARF.

CARF is delighted to announce the appointment of Mr. Shamshi Mulla as the new Chairman of Cancer Aid & Research Foundation. He succeeds Mrs. Rashida A. Kazi.

Mr. Shamshi Mulla joined his family textile business where he headed the Textile section of Pioneer Group. He is also the Co-Founder of Sahil Automobile since last 10 years. But this was not all for him. He had great desire to serve the poor and needy of our Society. That's when he joined CARF and by his dedicated service towards the needy, today he holds the post of the Chairman of the Foundation.

CARF would like to convey its appreciation to Late Prof. A. A. Kazi – Founder & Mrs. Rashida A. Kazi – Co. Founder. Their leadership, talent and expertise have been a great asset to the Foundation. We are pleased to have her continued involvement as Chairperson Emeritus of the Foundation.

CARF also takes delight in announcing the new CEO - Mrs. Savita Nathani. Mrs. Nathani initially worked with Albatros Pharmaceuticals as Accounts Manager for 8 years. She gained all round office experience and mastered the art of office management. Later, she joined CARF in 2008 as Accounts Manager, but during a short span of 8 years, Mrs. Nathani reached to the height of Chief Operating Officer. Today, with all her talents and master minded intelligence, she holds the post of Chief Executive Officer.
United Against Cancer
MISSION

CARF’s mission is to provide financial services to the poor & needy cancer patients of our society. When our patients approach us for help, our team does whatever it takes to make them feel comfortable as we would do it for a member of our own family. Our core values are:

• To serve Humanity without discrimination of caste, colour or creed.
• Towards moving forward with our sincere dedication and hard work for the welfare of the poor cancer patients.
• Impart psychological & counseling assistance to patients in dealing with Cancer during treatment & post treatment.
• Render our services to all the poor & needy cancer patients whoever come to us with a lot of hope by wiping their tears in every way that we can help.
• To leave no stone unturned in educating the “Youth of Today” about the ill effects of consuming tobacco in all forms by screening documentary films based on cancer in Hindi & English language in schools & colleges, organising lectures by eminent doctors on how early detection of cancer can save one's life.

VISION

Our vision is a world in which people affected by cancer are able to access the aid and assistance they need with confidence, dignity and safety.

To spread awareness about cancer & how they can survive if they adapt themselves to healthy habits & restrain from consumption of Tobacco. This in turn will create a cancer free community wherein our cancer survivors will live in a fearless world.

In order to do this, we are focusing on three strategic priorities:

• Strengthening our network through patient development and education, and ensuring the financial sustainability through Newspaper appeals, Charity Sales, etc.
• Expanding our reach by both creating and growing existing programs – including Payroll giving
• Mobilising support to increase the understanding of what causes cancer and benefits if proper care is taken in time, thereby allowing us to support cancer affected patients & families in our community. We want you to volunteer in being a part of our foundation for this noble cause. CARF invites all the enthusiastic people of all ages who have all the courage & energy to serve their community selflessly. Our Nation has provided us with everything what we always wished and wanted, now it's your time to help in making this place a Cancer free world. Let us join CARF to be “UNITED AGAINST CANCER”
Blood Donation Camp

We need each other to donate blood and save life. CARF in association with J.J. Group of Hospitals and team organised blood donation camp at CST Railway Station on 15th June 2016. It was in support of World Blood Donor Day. There was an overwhelming response of around 92 social activists who came forward and donated blood. This self sacrificing effort by all people made this camp a great success.

Counseling

Cancer is not only physically draining, but also impacts mental and psychological well being of the patient’s and their relatives. CARF employees, along with the team of eminent Doctors and Counselors are dedicated to counsel not only the patients but also their relatives who take care of them in pain. Guiding and helping them throughout the course of disease in every possible manner is our mission.
**Base Activities**

**CARF Drive**

CARF Drive is an initiative of spreading cancer awareness amongst people. These drives are conducted twice a month to fulfil the social responsibility of making people aware about the causes of cancer and its preventive measures at various locations. The drive is well supported by volunteers of various colleges (NSS Students of Jai Hind College - Churchgate, KC College - Churchgate, etc.) During this drive, stickers in the form of smiley with a printed message is placed on vehicles. A small Awareness could make a big difference. The growing concern over the abusive use of tobacco is well explained through this drive. CARF Drive is well supported and appreciated by all the vehicle owners and the owners of different places where these drives are conducted. Last year 18 such drives were arranged at various locations across Mumbai. Let us all stay United Against Cancer.

**Session by doctors**

Motivation and guidance by Doctors plays an important role in Cancer management of patients. Just like every year, this year too CARF arranged series of lectures given by honorable and proficient Doctors for Cancer patients and their relatives. Cancer diagnosis, prevention, treatment and supportive care form the basic message of these lectures. Patients interact with these eminent Doctors to get their queries resolved. CARF is thankful to these Doctors who are dedicated to help humanity.

**Screening**

Every message conveyed is best conveyed when its seen with our own eyes. Film screening is the best way through which people can be made aware about the ill effects of tobacco and smoking. As the primary mission of CARF involves in spreading awareness about cancer among the people. CARF organizes film screenings at various BMC schools, private schools and colleges in and around Mumbai. CARF has also filmed its own CARF Documentary & Cancer Education film to educate the youngsters of the present generation.
Corporate Social Responsibility is an important value practiced by all corporate. As part of Corporate Social responsibility all corporate have specific schemes to utilise a part of their profit for the social causes. These social causes can be anything from health, sanitation, education, water etc. Similarly during the previous year of 2016 – 17, many corporate companies contributed in supporting CARF in the cause of Cancer.

One of the major contributors was GAR Corporation who contributed very generously for the treatment of cancer patients. Similarly Dish Hospitality Pvt. Ltd donated food for 100 cancer patients. Babycell sponsored T-shirts for all CARF Marathon runners. Such gestures by corporates inspire CARF to do more for the poor and needy cancer patients in the society.
Yearwise Disbursement

Our Mission : - “To reach every corner of Society”

CARF has developed into a patient friendly organization because of the support and generosity of all the donors. In the year 2001 when Late. Prof. A. A. Kazi started the organization, he spent Rs. 17,500 for the treatment of poor and needy cancer patients. Prof. Kazi had a vision to lead by an example, so the contribution was spent from his own pocket.

From 2002 onwards, Many hearty donors came forward and supported CARF in the mission to save cancer patients. Every year the contribution of donors and patients kept increasing and now has reached the magical figure of helping more than ten thousand patients to a tune of approx. Rs. 16.97 crores. CARF is thankful to all its donors and well wishers for their support all through these years for the betterment of cancer patients.

The following table shows the year wise disbursement for poor & needy cancer patients against the Donation received.

<table>
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<tr>
<th>Year</th>
<th>No. of Patients</th>
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<td>2001-2002</td>
<td>5</td>
<td>1</td>
<td>17,500.00</td>
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<td>2002-2003</td>
<td>29</td>
<td>7</td>
<td>1,29,916.00</td>
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<td>2003-2004</td>
<td>83</td>
<td>23</td>
<td>11,34,526.00</td>
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<td>2004-2005</td>
<td>342</td>
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<td>42,55,293.00</td>
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<td>2005-2006</td>
<td>546</td>
<td>74</td>
<td>81,12,800.00</td>
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<td>2006-2007</td>
<td>665</td>
<td>92</td>
<td>1,41,16,794.00</td>
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<td>2007-2008</td>
<td>1077</td>
<td>109</td>
<td>2,56,94,756.00</td>
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<td>2008-2009</td>
<td>800</td>
<td>105</td>
<td>1,57,91,123.00</td>
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<td>2009-2010</td>
<td>698</td>
<td>103</td>
<td>1,46,30,699.00</td>
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<td>2010-2011</td>
<td>738</td>
<td>118</td>
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<td>2011-2012</td>
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<td>2012-2013</td>
<td>816</td>
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<td>2013-2014</td>
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<td>1394</td>
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Mumbai Marathon is conducted every year in the second week of January. CARF has been participating in the marathon for the past many years with great zeal and vigour. The main theme for this year’s Standard Chartered Mumbai Marathon for CARF was ‘All Types of Cancer Awareness’. This theme was uniquely depicted by CARFIANS and Volunteers by wearing a hand glove printed with the names of all types of cancer. The mission of Cancer Awareness was showcased in detail. The true motivation for CARF was when Master Sandeep, a Cancer survivor participated in the Dream Run category at marathon and completed it successfully without any trouble. CARF is proud to have been part of master Sandeep’s life and be with him throughout his treatment and recovery. A small step to stay United Against Cancer.

I Care I Share (ICIS) is a scheme that enables employees to give to a charity straight from their gross salary (before tax is deducted). It is a flexible scheme for tax payer as well as non tax payer to give regularly for a good cause. ICIS (also known as ‘Payroll Giving’) is a valuable and an act of regular donation directly from employee’s pay.

As per the famous phrase ‘Charity begins at home’, all the staff of CARF voluntarily decided to contribute a part of their monthly salary for ICIS. This act of charity is a true motivation and inspiration for all. Every donation counts large or small, it all adds up and can really make a big difference to the poor and needy cancer patients for their treatment.
**Human Resource & Admin Department** Here in CARF the human resources & administration department (HRA) handles many important functions of the Foundation. It is instrumental in providing recruitment, payroll & compensation, performance appraisal, grievance handling, record keeping, facility management system, legal compliance, relational assistance to the donors, etc. HRA also help with handling specific performance issues such as Workplace Wellness Week (W3), Team building program, etc. It helps the employees to develop their personal and organisational skills, knowledge and abilities.

**Patient Service Department (PSD)** has always strived hard to ensure cancer patients and their relatives receive all the help required in financial, medical and rehabilitative terms. The primary focus of the department is to interact closely with them so that the organizational mission of providing excellent services to Cancer patients is achieved. We maintain high standards in patient care services through continuous improvement in our structure, processes and outcome.

**Accounts & Finance Department** do what’s right and demand honesty, maintenance of confidentiality and adherence to professional standards of excellence and safety. Address issues and requests immediately, reasonably and comprehensively. The success of any organisation is the well controlled accounts and finance department. Our team is well equipped with experienced accounts personnel who strives hard for the success of the organisation.

**Publications & Publicity (PPD)** Consistently question the status quo and seek opportunities for continuous improvement. Strive for a stimulating work environment open to learning, curiosity and innovation. Publicity and Publication department deals with all printing and designing activities in the organisation. PPD also deals with managing all events and activities for patients.
**Charity Sale & Rehabilitation Department** Rehabilitation is an important mission of CARF in training Cancer patients and their families. In this department patients and their relatives are trained to make novelty items like paper bags, candles, diyas, various craft items, etc. as per their skills. This is an opportunity for them to earn a livelihood and lead a decent life in society. All products made by these patients are sold by the Charity sales team and the proceeds of the sale are utilized for the treatment of poor and needy cancer patients.

**ERP Department** ERP department handles all internal and external management information about the organization. ERP department keeps records of patients, donors & well wishers to maintain a synchronized database. This department sends Invitation of events/News bulletins/season greetings /Annual report, etc. to all donors and well wishers.

**IT Department** CARF has been constantly striving to improve its day to day operation of modern technology, thereby making it easier for helping more Cancer patients. IT team handles the overall operations of the CARF’s technical works and also plays a major part in handling and updating the CARF website. CARF website is a platform for all donors, patients and well wishers of CARF to get detailed information.

**Dispatch Department** At CARF, despatch department facilitates the day to day activities by sending all CARF articles such as Patient’s Appeals, Bulletins, Invitation cards, Birthday letters, Season Greetings, Annual Reports, Souvenirs and Calendars, etc. to all our donors. The whole process of dispatch is carried out through Remotely Franking System.
**World Anti Tobacco Day**

World Anti Tobacco Day is celebrated to make people understand the ill effects of using tobacco and cigarettes. CARF celebrates World Anti Tobacco Day every year on 31st May by conducting various activities to create awareness among people. This year CARF celebrated by conducting a free medical camp at Trimurti Om Mitra Mandal, Lalbaug. The camp received overwhelming response as around 87 men, women and children got their medical test done. Dr. Pragji S. Vaja & Mr. Sandesh Parab (President of the Mandal) supported the camp with true motivational words. One of the main mission of CARF to provide awareness about the dreaded disease of cancer was very effective during the camp.

**Foundation Day**

The 15th Foundation Day was celebrated on 20th June 2016. It was a perfect opportunity for everyone at CARF to remember the noble and philanthropy works of our visionary founder Late Prof. A. A Kazi who incorporated this organisation 15 years ago. On this occasion a food distribution programme was conducted at ‘Canshala’ (School for children with Cancer), Parel. CARF also distributed food grains to many cancer patients and toys for cancer affected kids at Noori Musafir Khana. Mrs. Rashida Kazi Chairperson, Mr. Shamshi Mulla, CEO and Mrs. Savita Nathani, COO graced the occasion with their presence.
Moments that made a Difference

Rose Day 2016

As Lance Armstrong said “We have two options, medically and emotionally: give up or fight like hell.” This Rose day we promise to fight Cancer and never give up.

CARF celebrated the World Rose Day on October 8, 2016 with children affected with cancer. It was a memorable celebration as the cancer affected kids were really happy and enjoyed to the core. This year CARF celebrated the Rose day with cancer kids at the Nehru science centre. It was an educational and motivational moment for all kids as many informations were given to them about science and technology. The Kids were also shown an informative 3D movie about the different timeline of scientific discovery. Every year Rose Day is celebrated on 22nd September and is dedicated to those battling cancer all over the world. This Day is in memory of a 12 year old – Melinda Rose of Canada, who, when diagnosed with a rare form of blood cancer, did not give up hope.

Breast Cancer Awareness

October is Breast Cancer Awareness Month, which is an annual campaign to increase awareness of the disease. CARF organised a Breast Cancer Awareness Drive for students of Sophia College on Thursday, 20th October, 2016. Our team distributed pamphlets among the students making them aware about the different preventive measures of cancer. Our main mission at CARF is to save as many lives and make awareness about Cancer.

The main objective in organising the drive is to help in increasing the attention and support towards the awareness, early detection and treatment as well as palliative care of this disease.
Food Distribution Program

The World food day is celebrated on 16th October every year to support the global issue of hunger and poverty. CARF celebrated World Food Day by organising a food distribution program for cancer patients and their relatives. The premises of Tata and Wadia hospitals are a location where many outstation cancer patients live. Due to lack of infrastructure for their stay, these patients even find difficulty in getting daily meal. To mark the importance of this day and support the worldwide movement CARF distributed food to cancer patients and their relatives living in the premises of Tata, KEM and Wadia hospitals.

Children's Day

Children’s day is celebrated on 14th November every year as a mark of remembrance to our former prime minister of India, Jawaharlal Nehru. CARF celebrated children’s day with great vigour and enthusiasm. CARF team celebrated children’s day with the kids at Sant Gadge Maharaj Dharamshala at Dadar. A small get together was organised for the kids suffering from cancer. The program commenced with light entertainment followed by lunch distribution. To support CARF’s mission of helping poor and needy cancer patients, Mr. Kripashankar Singh, Ex. Hon. Minister of State graced us with his presence and distributed cheques to the kids suffering from cancer and made the event a memorable one.
World Cancer Day
The World Cancer Day is an international day marked on February 4 to raise awareness of cancer and to encourage its prevention, detection, and treatment. It is an important day to raise cancer awareness and prevention amongst the masses. On the occasion of World Cancer Day, CARF conducted a medical camp at Swing & Hit Cricket Tournament at Bhayander. CARF has been actively participating in the World Cancer day for past many years and have organised and conducted many awareness and prevention drives across the city. This year CARF’s main agenda is to raise awareness among the youth of our country.
To support this noble cause of cancer awareness among youngsters, a group of enthusiastic young entrepreneurs from Fete and Bash Event Planners invited us to do a medical camp for all the youngsters participating in the cricket tournament which was held on 4th and 5th February, 2017. More than 15 teams participating in the tournament and more than 200 players and the audience were present. World Cancer Day is the right opportunity for CARF and all the participating youngsters to stand United Against Cancer.

Rehabilitation of Cancer Patients
One of CARF’s important missions is the Rehabilitation of Cancer patients. CARF organised an activity for cancer patients to make various handmade products using Candy sticks, like pen stand, mobile holder, etc. This activity was attended by 10-15 patients and their relatives, that can enable them to earn their livelihood and stand out in the society. They enthusiastically participated and were grateful to CARF team. The entire event was a true motivation for all Cancer patients.
Leukaemia & Lymphoma

During the whole month of September, CARF organized an online campaign to bring awareness about Leukemia and Lymphoma. The main purpose of this campaign was to spread awareness about the disease, its preventive measures, treatment options, etc. All latest information about the Leukemia and Lymphoma was passed to the general public through this campaign. ‘Prevention is better than Cure’ this statement gives us moral support to initiate more such campaigns for the well being of public.

Stoptober

Stoptober is a nationwide one month long initiative with its main objective to help smokers stop smoking for the whole month of October. Stop Smoking and Stay healthy is the main agenda of this campaign. Stoptober is one step towards showing our involvement in supporting & encouraging each other to quit smoking.

One in four cancer deaths and nearly one fifth of all cancer cases is because of smoking. Research has proved that if you can give up smoking for four weeks, you are five times more likely to quit smoking for good.

CARF is organizing Stoptober with the main mission of making people aware about the ill effects of smoking and also motivating people to quit smoking and lead a smoke free life. An initiative by CARF in support of public health.

Movember

Movember is also known as No-Shave November. It is an annual event where all men grow their moustaches to raise awareness of various types of cancer. The third year of Movember campaign was started with great enthusiasm as all Mo Bro's grew moustaches during the month of November and there was a celebration on the last day, wherein the winner was announced. There was a speciality in this year's campaign as many people participated in the campaign. The winner was chosen via online voting. Weekly winners were also announced on all social networking platforms. The winner Mr. Anup Alexander had well groomed moustaches.

This year a group of youngsters supported this campaign by growing moustaches and raised a particular amount for the campaign of Movember to safeguard men's health.

CARF besides doing annual check-ups encourages men to be aware of family history of cancer and to adopt a healthier lifestyle and in turn to create and spread awareness regarding Prostate Cancer and Testicular Cancer in Men. A public health initiative supported by the CARF.
Social Activities

Independence day
CARF celebrated the 70th Independence Day with Cancer affected kids by organising a drawing competition. The event was filled with fun and fervour as all the kids were given a certificate of participation and gifts for all winners. Such a competition was a true platform for all the cancer affected kids to showcase their drawing talent. The event was a great success seeing the beautiful smiling faces of these small children.

Christmas & New Year Celebrations
On January 11, 2017, Christmas & New Year Celebration was done with cancer affected kids. All the kids enjoyed by participating in dancing, singing, games, etc. Mr. Shamshi Mulla, Chairman distributed Christmas gifts to all the kids, followed by refreshments. Children enjoyed playing with Santa Claus who entertained them and distributed sweets.

Road Safety Drive
World Road Safety Day is a worldwide campaign aimed at renewing the commitment of the general public to perform their activities safely without meeting with accidents throughout the year. It is celebrated on 4th March every year. On the occasion of the World Road Safety Day, CARF organised a Road safety Drive at 'S' Bridge Signal, Byculla. Carfians placed stickers of Road Safety on the vehicles and made people aware about the importance of Road safety. Booklets on Cancer were also distributed to make awareness about Cancer. Everyone was very enthusiastic about the drive as it was a new way of making people aware about the safety measures and such safety drives are a must for the well being of the society.

Holi celebrations
The festival of colours was celebrated by CARF in an eco-friendly and unique way. Instead of using chemical based colors, flowers were used to play Holi with Cancer children. Beautiful rangoli designs were also made by CARFIANS.
Patient Experience

Survivor Story

“Around 10 years ago, I used to feel immense pain in my legs and was unable to walk on my own. Local Doctors doubted malnutrition as the cause but as the condition worsened, I was referred to Mumbai where I was diagnosed with a rare type of Cancer known as Primitive Neuroectodermal Tumour (PNET) which had hampered my leg bone’s growth. This bone needed immediate surgery which my family could not afford. CARF came to rescue and helped us financially. I am very thankful to CARF as today I have remitted from this dreaded disease. Today, I have appeared for 10+2 board exams and am preparing now for Medical entrance examination as I aspire to become an Oncologist (Cancer Surgeon). It is my dream to treat and help needy cancer patients.”

Miss Ricky Sahu

“I am Mrs. Jainab, aged 42 years who has suffered from this dreaded disease called as Cancer. I remained negligent about the lump in my breast which was not painful and neither did it enlarge. My mother insisted me to undergo screening and it was then that in 2007 I discovered that this lump was cancerous. I was shocked to hear that I was suffering from Breast cancer. Surgery was performed in 2008 and after multiple chemotherapy sessions and supportive therapy, I finally recovered from this horrific disease called Cancer. I am deeply thankful to CARF as it was difficult for me to bear cost of expensive chemotherapy sessions in which you provided medical aid. I suggest your organisation to other needy and poor patients so that they can fight cancer with your support.”

Mrs. Jainab Abdul Hamid
Patient Experience

Survivor Story

“My daughter Shubhangi Kate had symptoms of unexplained fever and malaise for months together. Her legs used to remain swollen and it was very painful for her to walk. Gradually, her leg inflammation led her to be bed ridden and it was then when we visited Mumbai. X ray and other blood tests were done and at mere young age of 13 years, and she was diagnosed with a rare cancer of bone named as Osteogenic Sarcoma. She was advised to undergo immediate surgery of her leg so that it does not spread to rest parts of her body. We were shocked and were finding it difficult to bear the expenses. It was then in 2015 we approached CARF for help and with the financial aid provided to us, she could undergo surgery. Unfortunately, her legs were amputated. But today, she can walk with walking aid and is remitted from this dreaded disease, living the life of normal child pursuing studies. Her follow up is every 6 months and is not under any medications now. I am very thankful to CARF for helping us.”

From Father of Shubhangi, Mr. Mohan Kate

“I was diagnosed with Cancer in the year 2012. I started getting ulcers in my mouth, which did not heal and they got painfully worse day by day. Biopsy was performed and I was detected with Oral Cancer. I had a habit of chewing tobacco that caused Cancer. I underwent Surgery, chemotherapy and radiation therapy. Finally, my treatment was completed by 2013. In the final tests, my reports were negative of Cancer. While I was going through this despair, it was CARF that helped me financially. I am very happy with CARF’S unconditional help and today I am living a normal life. I thank and appreciate the CARF’S good work in the field of Cancer.”

Mr. Deepak Shankar
Patient Experience

Testimonials

“My son Arman Khan was 8 years old when he was diagnosed with Blood Cancer. It was a dreaded news for me and I was in need for financial aid so that I can save my child by treatment. I approached Cancer Aid and Research Foundation for help and it came to my rescue. CARF has helped me a lot and it has given me the most help out of all the organizations working for cancer. I and my family are very grateful to CARF for helping my child out. I was treated very well by the staff and never faced any problems during my visit to CARF. Thanks a lot that you have supported my child and our family throughout. You are truly doing very good work for cancer patients.”

Mrs. Nasima Khan - Mother of Arman

“I would like to have the opportunity to share that CARF is a very helpful organization working for a social cause and supporting so many people. My child Dhanshree was suffering from Rhabdomyosarcoma (A rare type of Cancer). It was with your constant support and financial help that she has recovered well now. She has resumed school and we as family are so happy to see this. The procedure at CARF was simple and the staff was punctual about the appointments given to me to visit. It did not take much time for receiving help and this was overwhelming. Thank you CARF and keep the good work going. God Bless. Looking forward to visit your organization whenever I will come to Mumbai.”

Mr. Sanjay Wadkar - Father of Dhanshree
**Patient Experience**

**Testimonials**

“I, Mr. Abhimanyu. A Patil, would like to inform you with great pleasure that my health has been very fine now. I was diagnosed with Laryngeal Cancer in the year 2008. My Surgery was performed by Dr. Rehan Kazi and many thanks to CARF that I had even received a voice box device named Tracheo Esophageal Prosthesis from your organization after my Tracheostomy. I also received monetary help and I could use it during that difficult time. I am grateful to you for this help and also that you take care of us by following up on calls/posts regularly. I and my family would like to wish your organisation all the very best and pray for your progress.”

Mr. Abhimanyu Arjun Patil

“I am Bhailal B Jaiswal aged 72 years residing in Mumbai. I want to say a big thanks to Cancer Aid & Research Foundation as they have helped us to fight with cancer. My wife named Mrs. Shakuntala Jaiswal was suffering from Cancer of Lungs since 2015. I have received injections in 4-5 chemotherapy cycles costing more than Rs. 25000/- from your organization. Since December 2015 to March 2017, we have received this medical help and it has really helped us in the treatment of Cancer. There are so many NGOs and organizations working for Cancer patients, but your organization (Cancer Aid & Research Organization) is providing all the help without any harassment to patients and their relatives in terms of documents and procedures. I once again want to say thanks to your team. God bless you.”

Mrs. Shakuntala Jaiswal

Mr. Bhailal B Jaiswal - Husband of Shakuntala
How CARF inspires Youngsters

"Hum log CARF ko support kar rahe hai CARF Drive karke. Tobacco, Gutkha aur Smoking karne se bahut nuksan ho sakta hai aur isse cancer bhi ho sakta hai. Aisi cheezon ka istemal na karen ye baat CARF drive ke zariye logon tak pohoncha rahe hai. Thank you."

Ms. Swati Kotai

"Hello, I am Ashutosh from Jai Hind College. I support CARF in their mission to create Cancer Awareness through CARF Drive. The main agenda in CARF drive is to make people aware about the ill effects of Tobacco and smoking."

Mr. Ashutosh Nalaiapara

"Hello, Myself Urvashi Lalwani from Jai Hind College. We would want to support CARF in their mission and promote CARF Drive. This is to inform everyone “Not to consume Tobacco in any manner.”

Ms. Urvashi Lalwani

“It was a great experience for me to be part of CARF in their activities. I was really overwhelmed to see the type of help cancer patients received from CARF and the type of support provided was really inspiring. CARF provides real motivation for youngsters like us to support the wonderful cause.”

Ms. Linsa Sabu

“I was part of CARF supporting them for the Mumbai Marathon. It was a good way to create awareness about Cancer. I was amazed by the works done by CARF for the cancer patients. I am happy to have contributed a bit for this noble cause. Great work CARF.”

Ms. Joshiya Joseph

Hozefa Mithaiwala: - “I am grateful to CARF for giving me this opportunity to be part of their activity. It was a proud moment for me as I could be part of this major activity for the poor and needy cancer patients. Kudos to the entire team of CARF.”

Mr. Hozefa Mithaiwala

“We all are from Jai Hind College. We are here to support CARF in their mission against Cancer. CARF helps cancer patients and creates awareness among the people. God bless CARF in their works.”

Ms. Simran Multani, Ms. Yuki Kukkar & Ms. Twinkle Aghera

Adv. Lloyd Joseph: - “Great moments are born from great opportunities. Being part of CARF’s activity was a moment worth remembering. The works done by CARF for the needy Cancer patients is worth mentioning. Thank you for letting me be a part of your activity.”

Adv. Lloyd Joseph
Leadership development expands the capacity of individuals to perform in leadership roles within organizations. Leadership roles are those that facilitate execution of a company’s strategy through building alignment, winning mind share and growing the capabilities of others. Leadership roles may be formal, with the corresponding authority to make decisions and take responsibility, or they may be informal roles with little official authority.

Leadership development is thought to be key to business success. To ensure a successful business development and team building for all the staff at CARF, management organised a leadership development and training programme. This programme was conducted by Mr. Mihir Koltharkar, proven success enhancer, motivational speaker and business coach. He was assisted and supported by Mr. Alankar Mhatre. Traditionally, leadership development has focused on developing the leadership abilities and attitudes of individuals. Mihir used various team building activities and games to enhance the qualities of all individuals and the entire team as a whole. The major points that were covered during the training were:

- Experiential learning
- Self efficacy
- Visioning
- Attitude

Overall, it was a session filled with learning and enhancing the qualities of each individual. Leadership development programme helped in the development of individuals to become leaders. In addition, it also developed the focus on the interpersonal linkages in the team.

Mr. Mihir Koltharkar & Mr. Alankar Mhatre during the training session

Mr. Mihir Koltharkar & Mr. Alankar Mhatre felicitated by Chairman & CEO

Mr. Mihir Koltharkar & Mr. Alankar Mhatre with CARFIANS
Cancer Aid & Research Foundation awarded Mumbai Global Achievers Award

Shamlal Mulla - chairman, Cancer Aid & Research Foundation, has been awarded the Mumbai Global Achievers Award for his achievement and extraordinary work in the field of social service in the hands of Gufi Paintal (renowned actor & director). This function was held at Bhaidas Hall, Vile Parle (West), Juhu on November 11, 2016. Many eminent people received awards in various categories.
Yearly Achievements

Website

Our main goal of website is to provide easy & flexible UI (User Interface) to our visitors. The website shows detailed information related to patients and donors with daily updates. Also, the website shares CARF activity updates as well as drives in detailed manner. Featured causes, Refer patient, CARF news, Press room & Research publication are some of the important & advanced features added on CARF web, this will help visitors to get detailed information about organization in most easiest manner. Payroll giving program & Zakat donation are some of sorted features related to donors added on CARF web for user end; this will help donors to maintain consistency for donation in most reliable way. All social channels (such as facebook, YouTube Channel, Google+, Twitter ) including CARF web photo & video gallery have been linked to share moments & patient help appeal to visitors/donors in detailed manner. Newsletters, Bulletin & Annual Report have been added to maintain transparency between visitor & organization. Founder's, Board of Management, Trustee's & Doctor's detail's have also been added. Soon, will add some new & advanced features to get most possible way to communicate with visitors/donors/patients with their valuable feedbacks.

Celebrity Home Testimonials

We have updated the CARF website home page for our well-wishers and visitors. Many CELEBRITIES and well known personalities are associated with CARF. On our website we have updated a new testimonial tab where all celebrity comments and testimonials will be posted.
CARF Application

Soon, we are launching CARF - APPLICATION (The CARF App) for our well wishers and visitor’s. Visitor’s, who are interested to be a part of CARF, will be able to join us through this CARF App. CARF App members will be able to share their views, news, story, and query instantly through this app. Visitors will get instant response and help from CARF team. Visitors will directly get in touch with any of CARF members. Donors will be able to donate through CARF APP. Daily updates through push notification at user end. One can easily refer to a patient through CARF App. Also, visitors & well wishers can buy charity sale products through CARF APP.

The Approx. cost for developing CARF application is around **Rs. 1 lakh**. For sponsorship or donation towards this we request you to please contact Mrs. Savita Nathani on 022-23005000 Extn. 106 or E-mail on savitanathani@cancerarfoundation.org

1) Kotak Bank Collect Page:
A one click away to make donation to poor & needy cancer patients through Kotak Bank Collect facility, the Kotak Bank Collect tab available on CARF website: www.cancerarfoundation.org, with the help of these donors can make donations / transfer funds to the account of CARF by using the various modes of payment for donation like net banking, debit card & Credit card which makes it more easier to connect to us or join hands with our noble cause by contributing via this payment portal. Donors through Kotak Bank Collect facility under corporate internet banking can generate online receipt immediately for funds transferred by them to CARF.

2) Toll free No.:
We are planning to get a toll free number for our patients & valuable donors, which will be more convenient to connect us directly.
The cost of setting up toll free number services costs
1 year - Rs. 32,568  3 years - Rs. 97,704  5 years - Rs. 1,62,840
For sponsorship or donation in respect to this please contact Mrs. Savita Nathani on on 022-23005000 Extn. 106 or E-mail on savitanathani@cancerarfoundation.org
## Balance Sheet

**CANCER AID & RESEARCH FOUNDATION (Regd. No. E - 19625 (Mumbai))**

**BALANCE SHEET AS AT 31ST MARCH, 2017**

<table>
<thead>
<tr>
<th>Funds &amp; Liabilities</th>
<th>Rs.</th>
<th>Ps.</th>
<th>Rs.</th>
<th>Ps.</th>
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<tbody>
<tr>
<td><strong>Trust Fund or Corpus:</strong></td>
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<td>As per last Balance Sheet</td>
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<td>2,79,06,300</td>
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<tr>
<td>Add: Corpus Donations recd during the year</td>
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<tr>
<td><strong>Other Earmarked Funds:</strong></td>
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<td>2,82,64,800</td>
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<tr>
<td><strong>Cancer Hostel &amp; Diagnostic Building Fund:</strong></td>
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<td></td>
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<td>As per last Balance Sheet</td>
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<td>4,31,29,005</td>
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<tr>
<td>Add: Specific Donation (Building Fund) during the year</td>
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<td>4,31,29,005</td>
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<td><strong>Carf Office Fund</strong></td>
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<td>88,500</td>
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<td>90,600</td>
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<td>As per last Balance Sheet</td>
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<td>Add: Specific Donation (Building Fund) during the year</td>
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<td><strong>Capital Reserve Fund</strong></td>
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<td>2,42,59,680</td>
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<tr>
<td><strong>Life Membership Fund</strong></td>
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<tr>
<td>Add during the year</td>
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<td></td>
<td></td>
<td>1,30,005</td>
</tr>
<tr>
<td><strong>Liabilities:</strong></td>
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<tr>
<td>For Statutory Dues</td>
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<td>1,15,690</td>
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<tr>
<td>For Expenses</td>
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<td>31,65,189</td>
<td>32,80,879</td>
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<td><strong>Income &amp; Expenditure A/c:</strong></td>
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<tr>
<td>Balance as per last Balance Sheet</td>
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<td>2,96,75,277</td>
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<tr>
<td>Add Surplus for the year</td>
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<td>12,51,312</td>
<td>3,09,26,589</td>
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<tr>
<td><strong>Significant Accounting Policies &amp; Notes to Accounts As per Schedule 'G'</strong></td>
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<tr>
<td><strong>Total</strong></td>
<td></td>
<td></td>
<td>13,00,81,559</td>
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</tbody>
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### Balance Sheet

CANCER AID & RESEARCH FOUNDATION (Regd. No. E - 19625 [Mumbai])

**BALANCE SHEET AS AT 31ST MARCH, 2017**

<table>
<thead>
<tr>
<th>PROPERTY &amp; ASSETS</th>
<th>Rs.</th>
<th>Ps.</th>
<th>Rs.</th>
<th>Ps.</th>
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</thead>
<tbody>
<tr>
<td><strong>IMMOVABLE PROPERTIES</strong></td>
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<tr>
<td>Land MIDC Mijrole (Ratnagiri)</td>
<td>75,64,674</td>
<td>75,64,674</td>
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<td><strong>OTHER FIXED ASSETS</strong></td>
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<tr>
<td>As per Schedule 'A' attached</td>
<td>1,13,60,806</td>
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<tr>
<td><strong>Capital Work in Progress (Ratnagiri)</strong></td>
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<td>Opening Balance</td>
<td>4,80,49,171</td>
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<td>4,80,49,171</td>
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<tr>
<td>Expenditure Incurred towards Project</td>
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<tr>
<td><strong>Investment</strong></td>
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<tr>
<td>As per Schedule 'B'</td>
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<td>3,24,90,000</td>
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<tr>
<td><strong>ADVANCES &amp; DEPOSITS:</strong></td>
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<td>As per Schedule 'C' attached</td>
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<td>1,13,74,889</td>
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<td><strong>CASH &amp; BANK BALANCE:</strong></td>
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<td>As per Schedule 'D' attached</td>
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<td><strong>TOTAL</strong></td>
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<td></td>
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<td>13,00,81,559</td>
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For & on behalf of the Trust

[Signatures]

Trustee

[Signature]

Trustee
### Income & Expenditure Account for the Year Ended 31st March, 2017

<table>
<thead>
<tr>
<th>EXPENDITURE</th>
<th>Rs.</th>
<th>Ps.</th>
<th>Rs.</th>
<th>Ps.</th>
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<td>EXPENDITURE IN RESPECT OF PROPERTIES</td>
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<tr>
<td>Security charges</td>
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<tr>
<td><strong>ESTABLISHMENT EXPENSES:</strong></td>
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<tr>
<td>As Per details in Schedule 'E' attached</td>
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<td>1,05,86,497</td>
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<tr>
<td>Legal / Professional Fees</td>
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<td>13,27,548</td>
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<td>Audit Fees</td>
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<td>1,23,500</td>
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<tr>
<td>Depreciation on Fixed Assets</td>
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<td>20,30,478</td>
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<td>As per Schedule 'A' attached</td>
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<tr>
<td><strong>EXPENDITURE ON OBJECT OF THE TRUST</strong></td>
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<td>2,05,87,698</td>
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<td>As per details in Schedule 'F' attached</td>
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<tr>
<td><strong>INCOME &amp; EXPENDITURE A/c:</strong></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Balance as per last Balance Sheet</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Add Surplus for the year</strong></td>
<td></td>
<td></td>
<td>12,51,312</td>
<td></td>
</tr>
<tr>
<td>Significant Accounting Policies &amp; Notes to Accounts As per Schedule 'G'</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL**                                               |      |      | 3,59,07,034 |     |

As per our report of even date
For P.C. RATHI & CO.
Chartered Accountants
Firm Registration No.111799W
Prakash Rathi
Proprietor
Membership No.045104
Date: 28/09/2017
Place: Mumbai
CANCER AID & RESEARCH FOUNDATION (Regd. No. E - 19625 [Mumbai])

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2017

<table>
<thead>
<tr>
<th>INCOME</th>
<th>Rs.</th>
<th>Ps.</th>
<th>Rs.</th>
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<tbody>
<tr>
<td>RENT:</td>
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</tr>
<tr>
<td>INTEREST</td>
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<tr>
<td>On Bank Accounts</td>
<td>1,93,900</td>
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<tr>
<td>On Fixed Deposit</td>
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<tr>
<td>Donation (Including foreign donation</td>
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<td></td>
<td>41,73,018</td>
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</tr>
<tr>
<td>of Rs. 9,94,878.34/- )</td>
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<tr>
<td>Other Income</td>
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<td>TOTAL</td>
<td>3,59,07,034</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

For & on behalf of the Trust

Trustee

Oshaikh

Trustee
Credibility Alliance Report

Bankers

<table>
<thead>
<tr>
<th>Bank Name</th>
<th>A/C No.</th>
<th>IFSC Code</th>
<th>Bank Branch</th>
</tr>
</thead>
<tbody>
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Auditor:
P. C. Rathi & Co. (CA) Chartered Accountant
4th Floor, Cavel Cross No. 4, Kalbadevi Road, Mumbai - 400 002.

LEGAL ADVISORS
Adv. S. A. Patel (Advocate High Court)

Freelance Advocate: Adv. Owais Pechkar
Office No. 1007, 10th Floor, Satra Plaza, Palm Beach Road, Plot No. 19 & 20, Sector 19D, Vashi, Navi Mumbai.
CANCER AID & RESEARCH FOUNDATION

An Appeal

We appeal to all you kind hearted people to donate generously to support our mission towards the welfare of poor & needy cancer patients.

We're thinking BIG as we look toward CARF's future. Your generosity has brought us to such a great distance since 2001 – will you continue to help our organization serve those suffering from cancer and who gain so much from our programs? We are strong because of your support – we are looking to the future with BIG dreams for our patients – your help plays a BIG part in our ability to make a difference in their lives. “GIVE AND IT SHALL BE GIVEN BACK TO YOU”.

- Your donation is entitled for exemption under section 80G of Income Tax Act, 1961
- NRI’s/Foreign donors can remit directly through credit card.
- Please send your postal address and telephone number along with cheque/draft and also mention patients name and Pan No. on the reverse of the cheque in case of donation more than Rs.10000.

For online donation please visit our website www.cancerarfoundation.org

We appeal to you to send your donation,
by D.D. / Cheque in the name of
“CANCER AID & RESEARCH FOUNDATION”
DONATION FORM

Yes! I Mr/Mrs/Ms. ___________ want to donate □ General □ Corpus Fund

□ Research □ Building Fund □ Cancer patient’s Name ___________

□ Rs. 1000 □ Rs. 2000 □ Rs. 5000 □ Rs. 10,000 □ any other amount Rs. ___________

1. I have enclosed a cheque/DD No. ___________ Dated ___________ Drawn on (Bank) ___________ Deposit Date ___________

2. I am Directly Depositing into following Account:

   Dated ___________

   Name
   ICICI Bank
   Union Bank of India
   State Bank of India

   Branch
   Mahalaxmi
   Byculla Branch
   Jacob Circle

   IFSC Code
   ICIC0000546
   UBIN0531626
   SBIN0001835

   Account No.
   054601001624
   316202010022650
   10041949740

3. I am directly remitting through credit/debit card/Netbanking on your website: www.cancerarfoundation.org

PERSONAL DETAILS:

Add: ___________ ________________________________

Birth Details: (DD/MM/YY) ______________________________ Mobile No.: ______________________________

Tel No.: __________________ Email address: __________________ PAN No.: __________________

Thank you!

Your data and contribution will be kept strictly confidential.
You can “like” us on Facebook
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https://www.youtube.com/user/cancerar1

CARF’S WhatsApp No: 7506006655

You can follow us on Twitter at https://twitter.com/CARF3

You can follow us on Google+ at
https://plus.google.com/100642863641504953870

Before we conclude, we express our gratitude to all of you for your unstinted co-operation and hope that with the same co-operation in future we shall be able to realize our cherished dream.

Yours in co-operation
Sd/-
Mr. Shamshi Mulla
Chairman

sd/-
Mrs. Savita Nathani
C.E.O.